

Beach Trip Packing Checklist

FOR THE BEACH

- Beach Bag or Tote
- Swimsuits
- Beach Toys and Sandcastle Molds
- Beach Towels
- Sunscreen
- Foldable Sunhats
- Coverups or Kaftans
- Flipflops and Shoes
- Sunglasses

COMFORT KIT

- Travel Mugs & Tumblers
- Coolers
- Picnic Blanket
- Beach Chair
- Comfortable Walking Shoes
- Scarf and Cozy Layers

PERSONAL CARE KIT

- Toilet Paper and Tissues
- Hand Sanitizer
- Mask and Pouch for each person
- Body Wipes
- Toiletries (Shampoo, Conditioner, Soap, Deodorant, Toothpaste and Toothbrush)
- Beach Nail Polish and Remover Pads

MEDICINE

- Masking Tape
- Motion Sickness Pills
- Band-Aids
- Neosporin
- Bug Spray or Ben's Tick and Insect repellent wipes (These are more effective with the bugs)
- Lip balm
- Itch relief
- Anti-diarrhea pills for adults and kids
- Children's pain medication(s)
- Allergy relief medications
- Any other prescription medications
- Medical Insurance Cards

TECH ITEMS

- Camera bodies and required lenses
- Extra batteries and memory cards
- Phones and chargers
- WiFi Hotspot
- Portable power banks
- Kindle or iPad for some reading

Pack everything into packing cubes and then into a medium duffle bag each.